

SWIFT Success GO Mindset Mastery

Mindset Mastery can make you up to 7.3x MORE VALUABLE to your company/leadership/team and self, according to extensive research by Professor Paul Stoltz & James Reed. **96% of employers chose mindset over skill set.**

A Winning Growth-Optimised Mindset harnesses adversity and generates ENERGY...It Includes the foundation values of a “4G Mindset,” which are grouped into 4 main Mindset categories:

- **Global Mindset:** Being open-minded, flexible, adaptable, curious, collaborative
- **Good Mindset:** Being kind, honest, trustworthy, loyal, dependable, compassionate
- **Grit Mindset:** Being resilient, focused, tenacious, committed, and determined
- **Growth-Optimised Mindset.** Open to learn, fail, grow, and receive feedback.

Step #1. Rate yourself (0-10) for each quality in column Personal Score. **Step #2:** Rate the importance, or priority, of the top 10 qualities in order from 1 to 10. With 1 =Most important, 2=next most important etc.

Quality	Rankings	
	Rating of myself in each area	Priority in my work/space
	Score 0-10. 0=lowest/worst. 10 = best /highest or somewhere in between.	Rank the Top 10 in order of importance in your present work/biz context. Prioritise 1 = most NB etc...-to 10
Honesty		
Trustworthiness		
Commitment		
Adaptability		
Accountability		
Flexibility		
Determination		
Loyalty		
Relationship building		
Contribution		
Sincerity		
Balance		
Fairness		
Morality		
Drive		
Collaborative Focus		
Energy		
Purposefulness		
Openness		
Innovativeness		

Mindset fills the gaps: Employers believe that people with the right mindset are far more likely to develop the right skill set than the other way around.

Mindset endures: Employers don’t know what sort of skills they will want in ten years, but they are very clear about what sort of mindset they will want.

Mindset secures your job: Employers overwhelmingly chose those people with the right mindset—the 3G Mindset—as the ones they would keep, even when they had to cut everyone else.

Mindset sets you apart: Employers reveal that when you master the 3G Mindset, you are worth more than seven “normal” co-workers.

Mindset matters more: Employers rank mindset above skillset when it comes to recruitment /promotion decisions.

Mindset and money are married: studies by Reed & Stoltz reveal that the Mindset, correlates with how much money you might make.

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Slow To GO - Free Mindset Mastery Profile

Score each question on the right between 0 and 10 or in between as it typically pertains to your mindset or attitude/beliefs. 0 = no / never – 10= totally/always or somewhere in between.

No#	Question/Statements	#	
1	I don't mind change. It's just part of growth.	"	
2	I make it a priority to set goals and stick to them.	"	
3	You have a certain amount of intelligence, and you can't really do much to change it.	*	
4	Others have commented that they wish they could "bottle my enthusiasm."	"	
5	Fear of Failure is a problem for me	*	
6	Although I may not have everything I want, I am happy, where I am, so far	"	
7	When I set goals, I find ways to monitor my progress along the way.	"	
8	I have a dream. Now I just have to take action to get there.	"	
9	I engage in physical activity or exercise three times per week or more.	"	
10	You are a certain kind of person & there's not much that can be done to change that.	*	
11	I am a self-starter.	"	
12	Adventure? That's my middle name.	"	
13	Relationships are priority.	"	
14	I always wait until the last minute to complete a project.	*	
15	Regardless of past failures, I will succeed.	"	
16	I can pretty well adapt to just about anything if necessary.	"	
17	You can do things differently, but important parts of who you are can't really be changed.	*	
18	Nothing can hold me back when I put my mind to it.	"	
19	I like me.	"	
20	Integrity is pivotal to achieving success the right way.	"	
21	Life is very unfair	*	
22	I consider myself to be very focused, and not prone to distraction.	"	
23	Even when it comes to finances, I'd sacrifice short-term security for long-term gain.	"	
24	Truly smart people do not need to try hard	*	
25	Security is important, but it isn't the most important factor to happiness.	"	
26	I am often demotivated, depressed or withdrawn.	*	
27	I always want more knowledge and make it a point to learn new things.	"	
28	I have what it takes to succeed. I just need to use it more wisely.	"	
29	My friends would call me confident.	"	
30	I waste time during my workday.	*	
31	Caring showing genuine concern and compassion for others	"	
32	I cannot change my level of intelligence – I am the way I am.	*	
33	I am open receptive to a broad range of new ideas and perspectives	"	
34	I give up easily	*	
35	No matter who you are, you can significantly change your intelligence level.	"	
36	You have a certain amount of talent, and you can't really do much to change it.	*	
37	The harder you work at something, the better you will be at it.	"	
38	Trying new things is stressful for me and I avoid it	*	
39	I appreciate when people give me honest feedback about my performance.	"	
40	I feel vulnerable/self-conscious, even angry when I get negative feedback	*	

Scoring: Total up your rating/score of all your questions with # " & all your questions with # *

# " GO= Max = 260	My " Score	=	Subtract * from "	Higher = More Growth Optimised
# * FX= Max = 140	My * Score	=	=	

The real power isn't in the scores, it in asking the questions with a pre-frame of "how would a person with a STRONG Resilience, GRIT & GROW mindset respond?" Become very conscious of your self-talk.