

# My Money Compass



Score each box that relates or resonates with you between 0 to 5

0=no resonance 1=seldom 2 = occasionally 3 = Sometimes 4 = most times 5 = Totally resonates with me

1	2	3	4
Conscious	Calculating	Adventurous	Aggressive
Financially balanced	Competitive	Impetuous	Highly materialistic
Lives in present	Discerning	Lives for today	Oppressive
Loving	Disciplined	Over generous	Prone to rage/violence
Open to the flow of life	Driven	Restless	Rigid
Tells the truth	Financially successful	Undisciplined	Unforgiving
I'm ok with my past	Goal oriented	Happy-go-lucky	Must have control
Vibrant	Loyal	Financially irresponsible	Critical and judgmental
Trusting	Rescuer	Optimistic	I use money to Manipulate
Wise	Intelligent	Gambler	Secretive
Confident	Confident	prepared to take chances	Winning is very important
Generous	Powerful	little care for detail	Money = power
Powerful	Focused	fearless financially	I Don't feel complete
Compassionate	Decisive	It's fun to make money	I Fear loss of control
Optimistic	In Control	Easily distracted	I hoard money / possessions
Energetic	fear loss of power	Live in the moment	I don't feel I have enough yet
Spiritual	Fear of being dependant	Dreamer	I am not at peace yet
I make money at any time	Cant ask for help	prepared to risk	I am not totally comfortable yet

5	6	7	8
Addictive	Take care of others	Anxious	Artistic
Highly Emotional	Long-suffering	No financial Savvy	Internally motivated
Lives in past	Passive/aggressive	Indecisive	Loner
Lives out a self-fulfilling prophecy	Self-sacrificing	Non-confrontational	Non-materialistic
Prone to blaming others	Resentful	Repressed feelings/ beliefs	Passive
Seeks to be rescued	Controlling	Feel Overwhelmed	Seeker of truth
Feel powerless	Critical and judgmental	Deny Financial Issues	Detached
Resentful	Manipulative	Gullible	Spiritual
Financially irresponsible	Compassionate	Feel Financially powerless	Who cares about money!
Forgiving is hard to do	I resent peoples success	Scared of making Mistakes	Resent money focussed people
External factor control my success	Neglect own needs	Unassertive	Need to be authentic
Angry at life for financial situation	give with expectation/attachment	Feel incapable	Must be true to self
Carry financil/emotional Static	Perfectionist	Fear of abandonment	Struggle for Financial survival
I'm should be entitled to have it	wide fluctuation of emotions	Financially Dependant	Money Lacks Spirituality
I've had a hard past	High expectations	Seeks security	Love hate relationship with money
Attached to past drama	glass is half empty	Scared of Risk	Low ambition levels
Fear of Betrayal	Focus on negative things	Feel Powerless	Feel blocked to the flow of money
Resentful of wealthy people	I'm dissapointed with where I am	Happy-go-lucky	Self esteem is an issue

Consolidated Counts	
1	
2	
3	
4	
5	
6	
7	
8	

